

HELP ME ASK THE RIGHT QUESTIONS

Conversation Starters After a Life-Changing Diagnosis

WHO IS THIS FOR

This is a tool to help your team navigate an illness together:

- Patients
- Families & Caregivers
- Health Care Teams

WHY USE IT

This will help you to get information and manage your illness with more hope, choice, and control.

Revisit this tool over time.

HOW WAS IT CREATED

This is based on the wisdom of thousands of patients and families that have been in your shoes. These are the questions they wish they had asked sooner.

KEY QUESTIONS TO ASK YOUR HEALTH CARE TEAM

1. Where are we now in the big picture of this illness?

2. What can we do now to be as well as possible?

3. What are common signs of this illness worsening?

4. What are important things to prepare for next?

5. What organizations and resources can support us?
