

HOPE FOR THE BEST PLAN FOR THE REST

DISCUSSION GUIDE

- 1 How did your opinion of the book change as you read it?

- 2 Which key was your favorite and why?

- 3 Which key did you find most challenging and why?

- 4 What was the most valuable piece of advice and why?

- 5 What surprised you most about the book?

- 6 Did you try out any of the keys or exercises? How did it go?

- 7 Did you re-read any chapters? If so, which ones?

- 8 Who would you recommend this book to and why?


- 9 Are there lingering questions from the book you're still thinking about?

The Waiting Room

REVOLUTION



Want to tell us how it went? Reach out:

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