

IDENTIFY YOUR HEALTHCARE PROVIDERS

My Care Team

HOW TO USE THIS

Use the form below to list any and all health care providers who are important to your care and well-being. You can include roles such as your various specialist doctors, family doctor, nurses, social workers, home care workers, physical therapists, occupational therapists, care coordinators, pharmacists, and so on. Write down their contact info and how and when it's appropriate to contact them. State what you understand is their role in your care, and if you aren't sure, ask them. Note that you can add or remove the names of health care providers as things change. After completing this form, share it with your health care providers to confirm that the information is correct, especially about their roles. They might also find it useful to know which other health care providers are involved in your care.

Health care provider name and speciality and/or organization	How to contact them and reachable hours	Their role and what you contact them for

